



## "NO PAIN NO GAIN"

I have a friend from high school who was a tremendous athlete. He won all his races in track, won all the long jump and shot-put events; and in football, he earned such respect that rival schools introduced him to their game crowd as "The Superman!" I couldn't wait for him to graduate high school and let the remainder of us win a few of those events ourselves.

Much of "The Superman's" talent was natural, a glorious gift of genetics, of which the rest of the track and football players were jealous. It was also a gift of hard work and coaching in practice. Here is what I mean: during each summer break, he would let himself go by eating and drinking anything and as much as he wanted. And he let himself go by not exercising. "The Superman" would show up for football practice, which began three weeks earlier than school, overweight and out-of-shape. He could not finish the run assignments, but would double-over heaving in pain and vomit. For at least three weeks, even the lineman could beat "The Superman" in sprint drills and three-mile jogs. But when football season started, he was in championship form.

According to Webster's Dictionary, the word "practice" means: to perform (an activity) or exercise (a skill) repeatedly or regularly in order to improve or

maintain one's proficiency. Such as, "I need to practice my French." It means: to rehearse, run through, go over/through, work on/at; to polish and perfect; to train, rehearse, and prepare. Such as, "The performers were practicing."

Practice is no less important for mastering a subject in college or learning to play a musical instrument. We need practice because as someone said, we make our mistakes in practice so we won't make them in the game.

We need practice when it comes to spiritual and religious endeavors, as well. Church is practice for the Kingdom of God. We gather each week to work out our praise endurance, to build up our giving muscles, to train our testimony strength, to increase our patience rate, to improve our message memory, and to perfect our gossip flexibility. Sometimes we lay out and let ourselves go. Our mission muscles atrophy, our fellowship becomes unhealthy, our stewardship grows weak, and our singing goes unfit. We need church because, we make our mistakes in practice so we won't make them in the office, or in the classroom, or in the market.

*"Everyone who competes in the games goes into strict training." (1 Corinthians 9:25a)*

See you Sunday,

*Pastor Leonard*

## ADULTS

### Men's Prayer Breakfast

Celebrating 15 years today, Wednesday, October 17!

### LLL to Pensacola

October 22-23  
Departing at 8:30 a.m.

### "A Missing Piece" Tuesdays, 11:00 a.m. Church Parlor

The group meets weekly on Tuesdays and is for anyone who has experienced grief or loss.

### All Saints Sunday Memorial Service Sunday, November 4 10:30 a.m.

### Stagg-Tolbert Forum Saturday, November 10 Alexandria, Louisiana

Guest Speaker: John Pierce  
"A Jesus World View"

### BBQuilters

The group meets each Thursday at 10:00 a.m. to work on quilting ministry projects.

### Wednesday Night Family Dinners

5:15 p.m., CAH  
October 17

Beef Tips over Rice, Green Beans, Slaw, Rolls, Cookies

October 24-Trunk or Treat  
Hot Dogs, Popcorn,  
Cookies

### Thanksgiving Brown Bags

It's that time of year again to help families served by Southeast Ministries have a happy Thanksgiving! A list of suggested items is stapled to each bag. Bags are in the sanctuary vestibules on Sundays, or in the church office. Return filled bags beginning **October 28**; last Sunday to collect will be November 11.

### Veteran Recognition Sunday, November 11 10:30 a.m.

### LLL Potluck Friday, November 16 11:30 a.m.

Entertainment by B.R. Music Club Chorus, and Chuck Morgan will give a presentation about the origins of the American Thanksgiving Holiday.

## MINISTRY OPPORTUNITIES

**Home from the Hospital**  
Faith Pfrimmer  
Donna Scoggins

**In Appreciation**  
Words of sincere appreciation have been received from:  
**Ann Claire Wilson**  
**Preslar Family**  
**Betty Windham Family**

## WEDNESDAY NIGHT BIBLE STUDY CHOICES

### October 17

Bible Study with Dr. Ezell, *The Miracles of Jesus*, CAH  
**or** Social Media Help Desk with Dr. James Gilley in the Conference Room

### October 24

Trunk or Treat

### October 31

Ghosts in the Gospels with Mary Mullen, CAH

### November 7

Bible Study with Dr. Ezell, *Advent: Three Votes for An Early Christmas*, CAH

**or** *Autopsy of a Deceased Church* with Janet Pace and Rusty Jabour, SDR. [Sign up here](#) or in church office.

## Blood Drive

**Wednesday,  
October 24  
4-7:30 p.m.  
Room 102**



**Please register for a time slot in the church office**

## CALENDAR

### Sunday, October 21

- 9:00 A Library Opens
- 9:15 A Sunday School
- 10:30 A Worship

### Extended Teaching Care

Wanda Williams, Donna Patterson,  
Elizabeth Robertson

### 11:30 A Family Gathering, CAH

- 5:00 P Youth Choir
- 5:45 P Belles and Beaux
- 6:00 P Youth Bible Study

### Monday, October 22

- 8:30 A LLL departs for Pensacola

### Tuesday, October 23

- 11:00 A "A Missing Piece", Church Parlor

### Wednesday, October 24

- 7:00 A Men's Prayer Breakfast
- 4:00 P Blood Drive begins, Room 102
- 5:45 P Set up for Trunk or Treat, East Parking Lot

### Friday, October 26

- 5:00 P Youth depart for Fall Retreat

### Sunday, October 28

- 9:00 A Library Opens
- 9:15 A Sunday School
- 10:30 A Worship

### Extended Teaching Care

Jessica Best, Kate King, Greg Edwards

- 5:00 P Youth Choir
- 5:45 P Belles and Beaux
- 6:00 P Youth Bible Study

### Tuesday, October 30

- 9:00 A "A Missing Piece" meets at la Madeleine on Jefferson

### Wednesday, October 31

- 7:00 A Men's Prayer Breakfast
- 5:15 P Church Family Dinner
- 6:15 P Adult Bible Study, CAH
- 7:00 P Sanctuary Choir
- 8:00 P College Bible Study

## YOUTH

### Fall Schedule

#### Wednesday Nights

- 5:15 p.m. Dinner
- 6 p.m. Bible Study

#### Sundays

- 5 p.m. Youth Choir
- 6 p.m. Bible Study

### Fall Retreat

October 26-28

Depart at 5 p.m.

Feliciana Retreat Center

Retreat fee is \$50

\$25 due at sign up

## YOUNG FAMILIES

### Parents & Kids

#### Campout

November 9-11

Judson Retreat Center

Deadline to sign up is

Thursday, November 1

## Trunk or Treat

Wednesday, October 24

Set up-5:45pm

Let's Pack the Parking Lot!

Our goal is to have 57

"trunks" giving out candy!

There will also be inflat-

ables, hot dogs, popcorn, a

pumpkin patch & more!

Invite your friends and fam-

ily! Now collecting dona-

tions of small pumpkins in

the church office.

Volume 55, No. 31  
October 17, 2018

[www.broadmoorbaptist.com](http://www.broadmoorbaptist.com)

Broadmoor Baptist Bulletin

find your place

Broadmoor Baptist Church, Baton Rouge, LA

BROADMOOR BAPTIST BULLETIN (USPS 875-580) is published weekly except last week of December by Broadmoor Baptist Church, 9755 Goodwood Blvd., Baton Rouge, LA 70815-4597. Periodicals Postage Paid at Baton Rouge, LA. POSTMASTER: Send address changes to Broadmoor Baptist Bulletin, 9755 Goodwood Blvd., Baton Rouge, LA 70815-4597.

### Broadmoor Baptist Church

9755 Goodwood Blvd.

Baton Rouge, LA 70815

Church Office: (225) 927-5454

Facsimile: (225) 927-5467

E-Mail: [office@broadmoorbaptist.com](mailto:office@broadmoorbaptist.com)

Website: [www.broadmoorbaptist.com](http://www.broadmoorbaptist.com)

Entire Congregation

Ministers

Dr. Leonard Ezell

Pastor

Paul Henderson

Minister of Music

Tracey Hodges

Business Administrator

Bobby Rayburn

Minister of Spiritual Formation

Felicia Mullen

Administrative Assistant

Angie Miller

Administrative Assistant

Dr. Francisco Silva

Music Associate/Organist

H H A L S

STEP UP TO THE  
Plate

BBC  
STEWARDSHIP  
2019

# Family Gathering

Sunday, October 21

11:30 a.m.

Spaghetti, Caesar Salad, French Bread, Cookies

2019 Budget Report  
Bylaws Vote

TRUNK  
OR  
TREAT

Please register in the church office